LECTURE 3: FUNDAMENTALS OF GENERAL RELATIVITY (I)

GONG-BO ZHAO

1. BASICS OF TENSOR ANALYSIS

(1)
$$A^{\mu} \equiv (A^0, A^i), (i = 1, 2, 3)$$

(2)
$$A_{\mu} = g_{\mu\nu}A^{\nu}; \quad A^{\mu} = g^{\mu\nu}A_{\nu}; \quad P_{\mu}P^{\mu} = P^{2} = g_{\mu\nu}P^{\mu}P^{\nu}$$

So the metric can be used to lower or raise indices, even for itself, e.g.,

(3)
$$g^{\mu\nu} = g^{\mu\alpha}g^{\nu\beta}g_{\alpha\beta}$$

Set $\alpha = \nu$, we have,

(4)
$$g^{\nu\beta}g_{\alpha\beta} = \delta^{\nu}_{\alpha}$$

Note that for the FRW metric, the i-i component of $g_{\mu\nu}$ is a^2 , but it is a^{-2} for $g^{\mu\nu}$.

2. The geodesic and the Affine connection

The straight line in curves space is called a geodesic, whose equation is,

(5)
$$\frac{\mathrm{d}^2 x^{\mu}}{\mathrm{d}\lambda^2} + \Gamma^{\mu}_{\alpha\beta} \frac{\mathrm{d}x^{\alpha}}{\mathrm{d}\lambda} \frac{\mathrm{d}x^{\beta}}{\mathrm{d}\lambda} = 0$$

where the affine connection Γ can be evaluated using the metric, namely,

(6)
$$\Gamma^{\mu}_{\alpha\beta} = \frac{g^{\mu\nu}}{2} \left(\frac{\partial g_{\alpha\nu}}{\partial x^{\beta}} + \frac{\partial g_{\beta\nu}}{\partial x^{\alpha}} - \frac{\partial g_{\alpha\beta}}{\partial x^{\nu}} \right)$$

The connection takes care of the change of the unit vectors when moving from one place to another for an infinitesimal distance on a manifold, so it vanishes if there is no curvature.

Let us calculate the nonzero connections for the FRW metric,

(7)
$$\Gamma^{0}_{\alpha\beta} = \frac{1}{2} \frac{\partial g_{\alpha\beta}}{\partial t}$$

So,

(8)
$$\Gamma_{00}^0 = \Gamma_{0i}^0 = \Gamma_{i0}^0 = 0$$

(9)
$$\Gamma^0_{ij} = a\dot{a} \ \delta_{ij}$$

(10)
$$\Gamma^i_{0j} = \Gamma^i_{j0} = \frac{\dot{a}}{a} \,\,\delta_{ij}$$

3. The Einstein equation

(11)
$$G_{\mu\nu} \equiv R_{\mu\nu} - \frac{1}{2}g_{\mu\nu}R = 8\pi G T_{\mu\nu}; \quad R \equiv g^{\mu\nu}R_{\mu\nu}$$

(12)
$$R_{\mu\nu} \equiv \Gamma^{\alpha}_{\mu\nu,\alpha} - \Gamma^{\alpha}_{\mu\alpha,\nu} + \Gamma^{\alpha}_{\beta\alpha}\Gamma^{\beta}_{\mu\nu} - \Gamma^{\alpha}_{\beta\nu}\Gamma^{\beta}_{\mu\alpha}$$

For the background FRW metric,

(13)
$$R_{00} = -3\frac{\ddot{a}}{a}; \quad R_{ij} = \left(2\dot{a}^2 + a\ddot{a}\right)\delta_{ij}; \quad R = 6\left[\frac{\ddot{a}}{a} + \left(\frac{\dot{a}}{a}\right)^2\right]$$

The 0-0 component of the Einstein equation yields,

(14)
$$\left(\frac{\dot{a}}{a}\right)^2 = \frac{8\pi G}{3}\rho$$

and the i-i component gives us,

(15)
$$\frac{\ddot{a}}{a} = -\frac{4\pi G}{3}(\rho + 3P)$$

So the cosmic acceleration $(\ddot{a} > 0)$ means that there exists energy component with a negative pressure!

4. Energy conservation

The energy conservation is mathematically equivalent to a vanishing covariant derivative of the energy-momentum tensor, namely,

(16)
$$\nabla_{\mu}T^{\mu}_{\nu} = \frac{\partial T^{\mu}_{\nu}}{\partial x^{\mu}} + \Gamma^{\mu}_{\alpha\mu}T^{\alpha}_{\nu} - \Gamma^{\alpha}_{\nu\mu}T^{\mu}_{\alpha}$$

It gives us the continuity equation (set $\nu = 0$), say,

(17)
$$\dot{\rho} + 3H\rho(1+w) = 0; \quad w \equiv \frac{P}{\rho}$$

If w is a constant, then,

(18) $\rho \propto a^{-3(1+w)}$

So for matter (w = 0), radiation (w = 1/3) and vacuum energy (w = -1), their energy densities evolves with a^{-3} , a^{-4} and a^0 , respectively.

5. Homework

Ex. 2.2 and 2.6 of Dodelson & Schmidt [1] (page 53-54).

References

 Dodelson, S. & Schmidt, F. 2020, Modern cosmology, Academic Press. ISBN 9780128159484, 2020, 512 p.